

FUEL

RESTAURANT

by *Chakell*

Para começar
IN THE BEGINNING...

SOPA DO DIA / SOUP OF THE DAY 4

CAO CAO DE GAMBAS / CAO CAO SHRIMP 10

BOLINHAS DE ALHEIRA COM MAIONESE DE LARANJA DO ALGARVE / SMALL FRIED SMOKED SAUSAGE BALL WITH ORANGE MAYONNAISE 7

PIMENTOS PADRÓN / PADRÓN PEPPERS VG, GF, LF 4,5

CEVICHE DE SALMÃO LF 12
SALMÃO, ABACATE, MANGA, SUMO DE LIMA E RÚCULA / SALMON, AVOCADO, MANGO, LIME JUICE & ROCKET SALAD CEVICHE

CEVICHE DE ATUM LF 12
ATUM, ABACATE, SUMO DE LIMA E RÚCULA / TUNA, AVOCADO, LIME JUICE & ROCKET SALAD CEVICHE

OVOS COM FARINHEIRA / SCRAMBLED EGGS WITH FLOUR SAUSAGE 4,5

Bowls

CAESAR DE FRANGO / CHICKEN CAESAR SALAD 14
ALFACE ICEBERG, PARMESÃO, MOLHO CAESAR, PÃO TORRADO E FRANGO / ICEBERG LETTUCE, PARMESAN CHEESE, CAESAR DRESSING, CROUTONS & CHICKEN

ENERGIZE YOURSELF 15
ABACATE, SALMÃO FUMADO, ALFACE, TOMATE, CEBOLA, CROUTONS E MOLHO IOGURTE / AVOCADO, SMOKED SALMON, LETTUCE, TOMATO, ONION, CROUTONS & YOGURT DRESSING

SALMON LOVERS LF 14
SALMÃO, ABACATE, PEPINO, MANGA, ERVAS AROMÁTICAS, NOZES E ARROZ THAI / SALMON, AVOCADO, CUCUMBER, MANGO, AROMATIC HERBS, NUTS AND THAI RICE

WE NEED MEAT 15
PICANHA, MALAGUETA, ARROZ THAI, CEBOLA ROXA, CHERRY, ALFACE, RÚCULA, MANGA, HORTELÁ / PICANHA, CHILLI PEPPER, THAI RICE, RED ONION, CHERRY TOMATO, LETTUCE, ROCKET LETTUCE, MANGO & MINT

Ramen

VEGETARIANO / VEGETARIAN RAMEN v 11
NOODLES, VEGETAIS, NORI, OVO ESCALFADO E CALDO ASIÁTICO / NOODLES, VEGETABLES & POACHED EGG

CAMARÃO / SHRIMP RAMEN LF 14
NOODLES, VEGETAIS, NORI, OVO ESCALFADO, CALDO ASIÁTICO E CAMARÃO / NOODLES, VEGETABLES, POACHED EGG & SHRIMP

FRANGO / CHICKEN RAMEN LF 13
NOODLES, VEGETAIS, NORI, OVO ESCALFADO, CALDO ASIÁTICO E FRANGO / NOODLES, VEGETABLES, POACHED EGG & CHICKEN

BARRIGA DE PORCO / PORK BELLY RAMEN LF 14
NOODLES, VEGETAIS, NORI, OVO ESCALFADO, CALDO ASIÁTICO E BARRIGA DE PORCO / NOODLES, VEGETABLES, POACHED EGG & PORK BELLY

No pão
'ON BREAD

CHAKBURGUER 16
HAMBÚRGUER ANGUS, MAIONESE DE PICKLES, TOMATE, BACON, QUEIJO / ANGUS BURGER, MAYO, GREEN PICKLES, TOMATO, BACON & CHEESE

INCREDIBLE BURGUER v 14
HAMBÚRGUER SOJA E BETERRABA, MOLHO AIOLI, TOMATE, ALFACE, QUEIJO / SOYA AND BEETROOT BURGER, AIOLI SAUCE, TOMATO, LETTUCE & CHEESE

Kids

ESPAGUETE À BOLONHESA / SPAGHETTI BOLOGNESE LF 7

HAMBÚRGUER COM PURÉ DE BATATA / HAMBURGER WITH MASHED POTATOES 7

PEITO DE FRANGO, ARROZ E BATATA FRITA / CHICKEN BREAST, RICE AND FRENCH FRIES LF 7

GF-Sem Glúten / Gluten free | LF-Sem Lactose / Lactose free

VG-Vegan / Vegan | V-Vegetariano / Vegetarian

Os preços apresentados incluem IVA à taxa legal em vigor. /

The prices listed include VAT at the applicable rate in force.

Hotel The Prime Energize, Rua de Ceuta, nr 4, 8900-435 Monte Gordo

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FUEL

RESTAURANT

by *Chakall*

Na grelha ou no Fogão
BBQ OR FROM OUR STOVE

FRANGUINHO BY CHAKALL / BONELESS CHICKEN LEG BY CHAKALL 12

PARRILHADA DE LEGUMES COM QUEIJO AZUL / GRILLED VEGETABLES WITH BLUE CHEESE v 12

BACALHAU CONFITADO COM XARÉM DE FIGOS E CROCANTE DE PRESUNTO / CONFIT COD WITH XEREM (CORN MASH), FRESH FIGS AND CRISPY PROSCIUTTO LF 17

BIFE DO LOMBO COM MANTEIGA DE ALHO E ERVAS / FILLET MIGNON WITH GARLIC BUTTER & HERBS 18

POLVO NIPOTUGA 16
TEMPURA DE POLVO COM MIGAS DE TOMATE E AIOLI / OCTOPUS TEMPURA WITH CREAM TOMATO BREAD & AIOLI

ATUM BRASEADO / BRAISED TUNA LF 15

PICANHA MATURADA (250G) / AGED PICANHA 16

FRALDINHA MATURADA / AGED FLANK STEAK 16

RIBEYE ARGENTINO(300 GR) / ARGENTINIAN RIBEYE 18

PRESA PALETA (250 GR) / PORK FEATHERS 14

Acompanhamento
SIDE DISHES

BATATA FRITA CASEIRA / HOME CUT FRENCH FRIES v, GF, LF 2,5

BATATA DOCE FRITA / SWEET POTATO FRIES v, GF, LF 3,5

ARROZ THAI / THAI RICE GF 3

FEIJÃO À BRASILEIRA / BRASILIAN STYLE BEANS 3,5

AROS DE CEBOLA / ONION RINGS 3

PURÉ DE BATATA DOCE / SWEET POTATO PURÉE VG 3,5

SALADA MISTA / TOMATO AND LETTUCE SALAD v, LF 2

VEGETAIS GRELHADOS / GRILLED VEGETABLES VG, GF, LF 3

Sobremesas
DESSERTS

BROWNIE DE BATATA DOCE E ALFARROBA / SWEET POTATO AND CAROB BROWNIE 6

CHEESECAKE DE PÊSSEGO / PEACH CHEESECAKE 4,5

BOLO DE XARÉM, AMÊNDOA E PÊRA / POLENTA, ALMOND AND PEAR CAKE 4

MARQUISE DE CHOCOLATE NEGRO, MOLHO DE MANGA E CHILLI / BLACK CHOCOLATE MARQUISE WITH MANGO AND CHILI 5

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