FUEL YOUR
BODY AND SOUL

FUEL

RESTAURANT

by Chakall

PRIME ENERGIZE

DIGITAL MENU

PARA COMEÇAR
TO START

COUVERT — 4,5

Azeitonas marinadas /
Marinated olives — 2

Manteiga aromatizada /
Flavoured butter — 1,5

Pão /
Bread — 2

CEVICHE DE SALMÃO / — 13
SALMON CEVICHE

Salmão, cebola roxa , manga, tempero afrodisíaco /
Salmon, red onions, mango, aphrodisiac seasoning

TACO DE CARNITAS E GUACAMOLE / — 7
"CARNITAS" TACO WITH GUACAMOLE

Taco com carne de porco desfiada e guacamole /
Pulled pork taco with guacamole

TACO TATAKI — 9

Taco com tataki de atum, guacamole e sweet chilly /
Taco made with tuna tataki guacamole and sweet chilly

CAO CAO DE GAMBAS / — 11
PRAWN CAO CAO

Camarões com tomate cherry, cebola roxa e batata doce /
Black tiger prawns with red onion, sweet potato and cherry tomatos

PROVOLETA BY CHAKALL — 8

Queijo italiano gratinado com oregãos e azeite /
Italian Provolone cheese with oregano and olive oil

DUO DE EMPANADAS / — 9
CHAKALL PATTY DUO

Empanadas de carne, feitas à moda argentina /
Meat patty Argentinian style

TEMPURA DE LEGUMES / — 8
VEGETABLE TEMPURA

Legumes fritos em polme japonesa (tempura) /
Fried vegetables in japanese tempura

GYOZA AGE — 11

Gyoza japonesa de carne de frango ou opção vegan /
Japanese fried Gyosa. Choices between vegan or chicken

DUO DE BAO BARBECUE / — 12
BAO BARBECUE DUO

Carne de porco desfiada com molho barbecue, cebola frita, lima e coentros /
Pulled pork BBQ, fried onions, lime and coriander

SALADAS
OUR SALADS

CAESAR / — 12
CAESAR SALAD

Alface iceberg, parmesão, molho caesar e pão torrado /
Iceberg lettuce, parmesan cheese, caesar dressing & croutons

Com frango / — 13
With chicken

Com camarão / — 14
With prawns

SALMON LOVERS BOWL — 14

Bowl de salmão, abacate, pepino, manga, nozes, arroz thai e ervas aromáticas /
Salmon, avocado, cucumber, mango, nuts, thai rice & aromatic herbs bowl

VEGAN

SEM GLÚTEN / GLUTEN FREE

SEM LACTOSE / LACTOSE FREE

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NO FOGÃO
ON THE STOVE

POLVO GRELHADO COM PURÉ DE BATATA DOCE / 22
GRILLED OCTOPUS WITH SWEET POTATO PUREE

Polvo grelhado com puré de batata doce e óleo de coentros /
Grilled octopus with sweet potato puree and coriander oil

RISOTTO DE CAMARÃO / 19
PRAWN RISOTTO

Risotto de camarão com aioli de curcuma e lima /
Prawn rissoto with turmeric and lime aioli

POLVO NIPOTUGA / 20
NIPOTUGA OCTOPUS

Tempura de tentáculos de polvo com migas de tomate/
Octopus tentacles made in japanese tempura, in a side dish of tomato seasoned bread

BACALHAU CONFITADO / 21
CODFISH CONFIT

Bacalhau confit com broa de coentros e puré de aipo /
Slow cooked codfish in olive oil with corn bread and coriander crust with celery puree

SALMÃO MARINADO COM SEMENTES DE SÉSAMO / 18
MARINATED SALMON WITH SHOYO SAUCE

ATUM BRASEADO / 16
BRASED TUNA

Lombo de atum (200g) braseado servido com sementes de sésamo /
Braised tuna loin (200g) with sesame seeds

PANCIOTTI COM BERINGELA E SCARMOZA / 16
PANCIOTTI WITH EGGPLANT AND SCARMOZA

Ravioli com beringela e scarmoza fumada e molho de pesto e natas /
Eggplant and Scarmoza ravioli with cream and pesto sauce

FRANGO CHAKALL / 15
CHAKALL CHICKEN

Perna de frango grelhado com aromas de lima /
Boneless chicken leg with lime aromas

CARIL TAILANDÊS / 14
THAI CURRY

Caril vegan à base de frutas e legumes /
Vegetable thai curry

Com frango / 15
With chicken

Com camarão / 16
With prawns

NO PÃO
ON BREAD

CHAKBURGER 16

Hamburguer Angus 160g com aioli, alface, tomate, queijo e bacon /
Hamburguer Angus 160g with aioli, lettuce, tomato, cheese & bacon

SUPER VEGAN BURGER 14

Hamburguer 100% vegan

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CARNES
NEED FOR MEAT

Apenas disponível ao jantar
Available for dinner

FRALDINHA (300g) / 21
FLANK (300G)

Carne Angus maturada de origem portuguesa / Portuguese origin matured flank

PICANHA (300g) 20

Picanha da américa do Sul maturada a 15 dias / South America picanha matured for 15 days

BIFE DO LOMBO / 24
SIRLOIN STEAK

Corte de lombo de novilho maturado a 10 dias / Portuguese sirloin steak matured for 10 days

RIBEYE 23

Corte da parte mais tenra da costela maturada a 21 dias / The most tender part of the rib matured for 21 days

Acompanhamentos não incluídos
Side dishes not included

CARNES PREMIUM PARA PARTILHAR
PREMIUM MEATS TO SHARE

Carnes maturadas para partilhar, Carnes maturadas com sabor fumado
(inclui 1 acompanhamentos por pessoa na escolha das carnes abaixo)
Matured premium meats to share
(The choices of meat below include a side dish per person)

COSTELETÃO DE NOVILHO / 45
BEEF CHOP

Costeleta premium maturada com aproximadamente 0,6kg / Premium beef chop with aprox. 0.6kg

TOMAHAWK 65

Carne da costela premium maturada a 21 dias com aproximadamente 1,2kg /
Beef tomahawk matured for 21 days with approximately 1.2kg

(Todos os nossos grelhados são feito com carvão de casca de coco o que melhora a intensidade da carne e seu sabor)
(All of our grilled choices are cooked and smoked with coconut coal to improve the flavors intensity)

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KID'S

SOPA DO DIA / 3,50
SOUP OF THE DAY

ESPARGUETE À BOLONHESA / 8
SPAGHETTI BOLOGNESE

BIFE DE FRANGO / 8
CHICKEN BREAST

HAMBÚRGUER / 8
HAMBURGUER
servido com batata frita e arroz /
Served with rice and French Fries

BOLA DE GELADO / 2,50
SCOOP OF ICE CREAM

MENU 12
Sopa + prato principal kids + bola de gelado à escolha /
Soup + kids main dish + scoop of ice cream

ACOMPANHAMENTOS
SIDE DISHES

ARROZ BASMATI / 3
BASMATI RICE

FEIJÃO BRASILEIRO / 4
BRAZILIAN BLACK BEANS

BATATA DOCE FRITA / 3,50
FRIED SWEET POTATO

BATATA FRITA CASEIRA / 3
HOME MADE FRENCH FRIES

SALADA MISTA / 3
MIXED GREENS

LEGUMES GRELHADOS / 3
GRILLED VEGETABLES

PURÉ DE BATATA DOCE / 3,50
SWEET POTATO PUREE

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SOBREMESAS
DESSERTS

MARQUISE DE CHOCOLATE NEGRO / 6
BLACK CHOCOLATE MARQUISE

Chocolate negro com molho de manga e chili com gelado /
Black chocolate with mango & chili sauce with a scoop of ice cream

A NOSSA TARTE ALGARVIA / 7
OUR TART (ALGARVIAN STYLE)

Base de alfarroba com creme de amêndoa e figos frescos marinados /
Carob tart with almond pastry cream and fresh marinated figs

CREMOSO DE MANGA E CHOCOLATE / 7
MANGO CREAM & CHOCOLATE MOUSSE

BACKLAVA DE MAÇÃ E FRUTOS SECOS COM GELADO / 7
APPLE AND DRY NUTS BAKLAVA WITH ICE CREAM

FRUTA DA ÉPOCA LAMINADA / 3,50
SLICED SEASONAL FRUIT

SUMMER CHEESECAKE 5

CRÉME BRÛLÉE DE ALECRIM E CLEMENTINA / 5
ROSEMARY & CLEMENTINE CRÈME BRÛLÉE

COULANT DE CHOCOLATE E CARAMELO SALGADO / 6
CHOCOLATE AND SALTED CARAMEL COULANT

DEGUSTAÇÃO DE GELADOS ARTESANAIS / 15
ARTISANAL ICE CREAM TASTING

Alguns dos alimentos expostos podem conter alergénicos. Para mais informações, agradecemos que solicite a lista de ingredientes. / *Some of the proposed meals may contain allergens. For more information please request the list of ingredients.*

Os preços apresentados incluem IVA à taxa legal em vigor. / *The prices listed include VAT at the applicable rate in force.*

Nenhum prato, produto alimentar ou bebida, incluindo o couvert, pode ser cobrado se não for solicitado pelo cliente ou por este for inutilizado. / *Any dish, food product or beverage, including the couvert, can be charged if not requested by the client or by him made unusable.*

Este estabelecimento dispõe de Livro de Reclamações /
This establishment has a complaint book available.

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